<b>Takshila Academy</b> (Roots)
Session 2023-24 Holiday Homework
Raghuraji Devi Foundation Trust
Name:
Class/ Section:

# HURRAY! IT'S TIME FOR FUN AND PLAY!



### IT'STIMEFORHOLIDAYS!!

Longer days and shorter nights Dark shades & brighter lights Favourite music & best friends Keep away pencils keep away pens. Make these days the time of your life And make the nights just as right This time only comes once a year So live it up without inhibition and fear. This summer break try and make a difference



- Appreciate Nature Go for long walks in a park or garden with your family and friends.
- Good manners are the key Respect your parents, grandparents and all elders. Use three magical words (Sorry, Please and Thank you).
- Stay Fit, Stay Healthy Play your favourite game / sport regularly.
- Learn about our Heritage Find some time to visit museums and monuments. Read about them.
- Save Nature Contribute to save our precious environment. Minimize the wastage of resources like water, fuel and electricity.

#### Instructions for kids:

- 1. Do your homework neatly and on your own.
- 2. Learn and revise all the work done in the class.
- 3. Make your own timetable for summer vacations and get it laminated. For example:

Time	Activity	
8:00 -8:30 am	Wake up ,brush teeth, take bath	

- 4. 1 page of English cursive and Hindi handwriting in single copy with proper date.
- 5. All the written work will be done in one copy.

#### Guidelines for the parents:

- 1. Spend some quality time with your kids. Have at least one time meal with them.
- 2. Play at least one indoor or outdoor game with them. Take them to the park and share your childhood experiences with them.
- 3. Encourage your child to go outdoors rather than sitting in front of electronic gadgets all day.
- 4. Encourage your child to cultivate a reading habit. Get some story books of their choice to read.

#### माता-पिता के लिए दिशा निर्देश:

- 1. अपने बच्चों के साथ कुछ समय बिताएं। कम से कम एक समय का भोजन उनके साथ करें।
- 2. उनके साथ कम से कम एक इनडोर या आउटडोर गेम खेलें। उन्हें पार्क में ले जाएं और उनके साथ अपने बचपन के अनुभव साझा करें।
- 3. पूरे दिन इलेक्ट्रॉनिक गैजेट्स के सामने बैठने के बजाय अपने बच्चे को बाहर जाने के लिए प्रोत्साहित करें।
- 4. अपने बच्चे को पढ़ने की आदत विकसित करने के लिए प्रोत्साहित करें। पढ़ने के लिए उनकी पसंद की कुछ कहानी की किताबें प्राप्त करें।

# **ENGLISH**

- 1. Write a paragraph of 150 words or 15-20 lines on the following topics: (any 1)
- My Plans for Summer Vacation
- A Hot Summer Day
- How to Stay Healthy
- My Favourite Television Programme
- A Visit to a Historical Place
- 2. Read the newspaper regularly during the holidays you may utilize your noon time for this activity when you are at home. Cut five pictures per week from old newspapers. Paste them in scrap file and give a catchy caption to each picture.
- 3. Design an English Magazine on "education" which should have the following requirements:-
- Design an attractive Cover Page.
- Give a creative name to magazine.
- Create a poster on "Education"
- An article on "Education".
- A small story on "Education".
- Jokes
- Puzzles
- The page of Proverbs indation Trust
- Scramble words
- Cross words
- Advertisements
- Cartoon strip (you may draw yourself as well.)
- 4. Read lesson 2& 3 underline the difficult word make your own dictionary and write their meanings also in it.

## MATHEMATICS

DIET PLAN DAY							
	Food item	Calorie value	Total	Balance diet taken or not			
Breakfast	i) ii) iii)						
Brunch	i) ii) iii)						
Lunch	i) ii) iii)						
Snacks	i) ii) iii)						
Dinner	i) ii) iii) Rag	rhura	aii 1	Devi			

1. Make a diet plan for yourself according to the requirements.

[Hint: - 1 Chapatti =80-110 calories, 1 bowl of rice = 180 calories, 1 cup milk = 70 calories, I cup ice-cream= 200 calories]

- Write down the population of any 5 states of India.
  - Write the names of the states.
  - Write the population in words.
  - Arrange them in ascending order and descending order.
  - Find out state with maximum and minimum population.
- 3. Revise table 2 to 20 and do the practice of Roman Numbers.
- Practice 5 sums each of all four operations +,-. ×, ÷ every week (the sums should be of class 5 level)

# E.V.S

## A. Be your own Dietician

Meghna's mother always tells her not to eat junk food, so does your mother.

## Let us join a Health Club to be healthy

- 1. Make your own Diet Chart for a week on an A-3 size sheet along with pictures
- 2. Learn to prepare 4 -5 recipes on delicious Fruit Mock tails that refresh you these summers.
- B. How well do you know your country? Name the following and paste pictures. Also write a few lines on each of them.
- National Flag
- National Emblem
- National Animal
- National Bird
- National Anthem
- National Game
- National Flower
- National Fruit
- National Currency
- C. Take a political map of India and mark all the 28 States and 8 Union Territories in it. Learn the capitals of all the States and Union Territories.
  - हिंदी
- संयुक्त परिवार एवं एकल परिवार में से आप किस तरह के परिवार में रहना पसंद करेंगे? लिखिए। साथ ही आप किस तरह के परिवार में रहते हैं और आपके घर में कौन-कौन है? यह भी लिखिए।
- 2. सूर्योदय या सूर्यास्त के समय का चित्र बनाकर उससे संबंधित एक कविता बनाइये।
- 3. सूर्य नमस्कार की विधि लिखिए एवं उससे संबंधित विभिन्न मुद्राओं(posture) के चित्र भी बनाइए।